

JANUARY

2023

Monday 1/2	Tuesday 1/3	Wednesday 1/4	Thursday 1/5	Friday 1/6
BREAKFAST Cereal Pack Snack Crackers 100% Juice Milk LUNCH Grilled Ham & Cheese Sandwich Green Beans Potato Salad Fresh Pear Milk	BREAKFAST Cereal Pack Snack Crackers 100% Juice Milk LUNCH Cheese Quesadilla Taco Soup Baby Carrots Applesauce Milk	BREAKFAST Cereal Pack Snack Crackers 100% Juice Milk LUNCH Chicken & Wild Brown Rice Casserole Peas Autumn Fruit Salad WG Chocolate Chip Cookies Milk	BREAKFAST Cereal Pack Snack Crackers 100% Juice Milk LUNCH Hamburger on Bun Tator Tots Stir Fry Veggies Fresh Apple Milk	BREAKFAST Cereal Pack Snack Crackers 100% Juice Milk LUNCH Breaded Fish Square w/ Am. Cheese on Bun Asparagus Pears Apple Strudel Stick Milk
Monday 1/9	Tuesday 1/10	Wednesday 1/11	Thursday 1/12	Friday 1/13
BREAKFAST Cereal Pack Snack Crackers 100% Juice Milk LUNCH Steak or Chicken Eze w/ Swiss Cheese on Bun Potato Wedges Salad Delicious Fresh Apple Milk	BREAKFAST Cereal Pack Snack Crackers 100% Juice Milk LUNCH Cube Steak w/ Gravy Mashed Potatoes Cauliflower, Broccoli, Tomato, Bean Salad WG Dinner Roll & Butter Fresh Orange Milk	BREAKFAST Cereal Pack Snack Crackers 100% Juice Milk LUNCH Baked Potato w/Cheese Sauce Broccoli WG Corn Muffin Fruit Cocktail WG Honey Graham Cracker Milk	BREAKFAST Cereal Pack Snack Crackers 100% Juice Milk LUNCH Cheeseburger Link on WG Bun Homemade Vegetable Soup Peaches Rice Krispie Treat Milk	BREAKFAST Cereal Pack Snack Crackers 100% Juice Milk LUNCH Tuna Noodle Casserole Baby Carrots w/ Hummus WG Breadstick Grapes Ice Cream Bar Milk
Monday 1/16	Tuesday 1/17	Wednesday 1/18	Thursday 1/19	Friday 1/20
NO SCHOOL Martin Luther King, Jr Day 	BREAKFAST Cereal Pack Snack Crackers 100% Juice Milk LUNCH Jumbo Sausage on WG Bun Baked Beans Salad Delicious Fresh Pear Milk	BREAKFAST Cereal Pack Snack Crackers 100% Juice Milk LUNCH Chicken Nuggets Broccoli w/Cheese Sauce Potato Wedge WG Dinner Roll w/ Butter Autumn Fruit Salad Milk	BREAKFAST Cereal Pack Snack Crackers 100% Juice Milk LUNCH Hobo Stew WG Corn Muffin w/ Butter Applesauce WG Frosted Graham Cracker Milk	BREAKFAST Cereal Pack Snack Crackers 100% Juice Milk LUNCH Mexican Casserole Green Beans Creamy Slaw WG Breadstick Fresh Apple Milk
Monday 1/23	Tuesday 1/24	Wednesday 1/25	Thursday 1/26	Friday 1/27
BREAKFAST Cereal Pack Snack Crackers 100% Juice Milk LUNCH Country Fried Steak Mashed Potatoes Country Gravy Broccoli WG Dinner Roll w/ Butter Peaches Milk	BREAKFAST Cereal Pack Snack Crackers 100% Juice Milk LUNCH Golden Baked Chicken w/ Brown Rice Pilaf Peas Pineapple WG M&M Cookies Milk	BREAKFAST Cereal Pack Snack Crackers 100% Juice Milk LUNCH Breaded Baked Fish Tator Tots Creamy Slaw WG Corn Muffin w/ Butter Fresh Orange WG Frosted Graham Cracker Milk	BREAKFAST Cereal Pack Snack Crackers 100% Juice Milk LUNCH WG Rotini w/ Meat Sauce WG Breadstick Green Beans Applesauce Popsicle Milk Milk	BREAKFAST Cereal Pack Snack Crackers 100% Juice Milk LUNCH Homemade Sloppy Joe on Bun Corn 7-Layer Salad Pears Milk
Monday 1/30	Tuesday 1/31	Wednesday	Thursday	Friday
BREAKFAST Cereal Pack Snack Crackers 100% Juice Milk LUNCH Sweet n Sour Chicken Tempura Brown Rice Broccoli Pineapple Angel Food Cake Milk	BREAKFAST Cereal Pack Snack Crackers 100% Juice Milk LUNCH Potato Crusted Fish Green Beans Bread w/ Butter WG M&M Cookies Applesauce Milk			